Old Doune Road Nursery – Snack and meal menu

Week 2

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| **DAY** | **MORNING SNACK** | **LUNCH** | **AFTERNOON SNACK** |
| **Monday** | Weetabix **Wheat, milk** | Rice with chicken and mushroomYoghurt and fruit | French bread with soft cheese **Wheat, milk** |
| **Tuesday** | Ryvita crackers  | Lentil soup with wholemeal breadRice pudding | Chow mien(noodle, grated carrots, spring onions, green beans with soy sauce and squeezed lemon juice)**Wheat, Egg** |
| **Wednesday** | Fruit Salad  | Tomato and tuna pastaFruit salad | Cheese and Tomato paninis **Milk, wheat** |
| **Thursday** | Cream crackers **Wheat**  | Carrot and coriander soup with wholemeal breadBanana cake | Salmon Sandwich (mixed with mayonnaise)(White Bread) **Fish, Egg, Milk** |
| **Friday** | Toast and Soft cheese (Wholemeal)**Wheat, milk** | Haggis and tattiesYoghurt and fruit | Macaroni Cheese **Wheat, dairy, milk** |



Morning and afternoon snack come with fresh fruit or vegetables

Snacks may change day due to expiry dates of food delivered