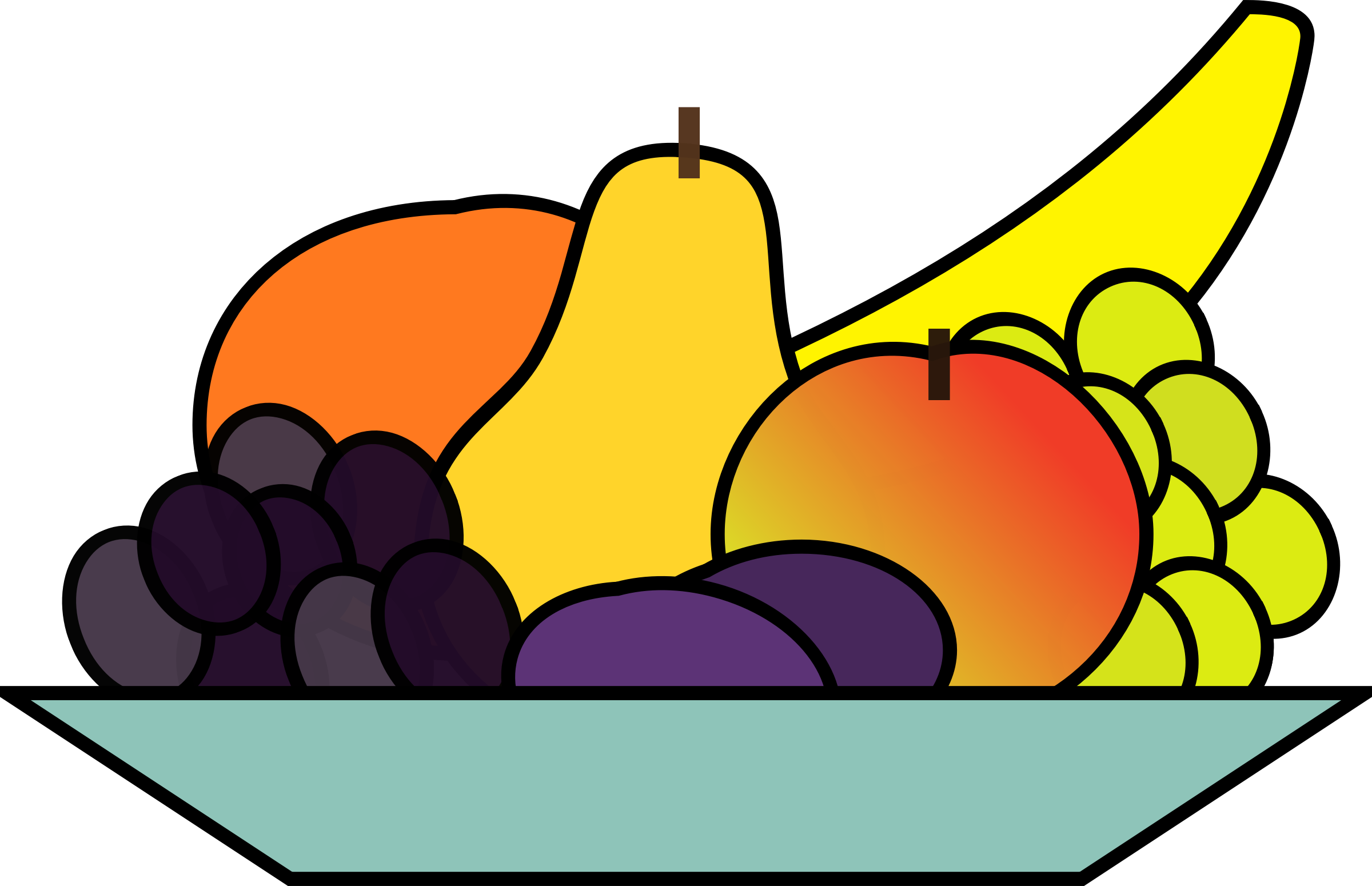
Old Doune Road Nursery – Snack and meal menu

Week 2

|  |  |  |  |
| --- | --- | --- | --- |
| **DAY** | **MORNING SNACK** | **LUNCH** | **AFTERNOON SNACK** |
| **Monday** | Weetabix  **Wheat, milk** | Rice with chicken and mushroom  Yoghurt and fruit | French bread with soft cheese  **Wheat, milk** |
| **Tuesday** | Ryvita crackers | Lentil soup with wholemeal bread  Rice pudding | Chow mien  (noodle, grated carrots, spring onions, green beans with soy sauce and squeezed lemon juice)  **Wheat, Egg** |
| **Wednesday** | Fruit Salad | Tomato and tuna pasta  Fruit salad | Cheese and Tomato paninis  **Milk, wheat** |
| **Thursday** | Cream crackers  **Wheat** | Carrot and coriander soup with wholemeal bread  Banana cake | Salmon Sandwich (mixed with mayonnaise)  (White Bread)  **Fish, Egg, Milk** |
| **Friday** | Toast and Soft cheese  (Wholemeal)  **Wheat, milk** | Haggis and tatties  Yoghurt and fruit | Macaroni Cheese    **Wheat, dairy, milk** |



Morning and afternoon snack come with fresh fruit or vegetables

Snacks may change day due to expiry dates of food delivered